



RIO P&P Appendix A:

Detailed Membership Criteria for Full Individual Membership

Scenario 1

Persons holding a

- Bachelor of Arts (BA) / Bachelor of Science (BSc) in Art Therapy
- or a
- Master of Arts (MA) / Master of Science (MSc) in Art Therapy
- or an
- equivalent diploma/certificate in Art Therapy
- from a (state) recognised university / art academy.

ARC and the Board will keep a list of the accepted diplomas in Supplement S1 for future reference .

Enquiries shall be addressed to arc@arttherapyfederation.eu.

Scenario 2

Persons holding certificates in Art Therapy from private training institutions, whose complete cycle of training reaches at least BA/BSc level (i.e. corresponds to the first cycle of university training), including prior professional training in a related field.

Formal Art Therapy training extends over a workload of minimum 1500 academic training hours (1 academic hour = 45 minutes) or an equivalent of 60 European Credit Transfer System points (ECTS) according to the Bologna criteria for university education.

- Workload means lessons (lectures, seminars, workshops etc.) *plus* the required study time.
- Study time means all personal reading, studying, preparation of oral presentations, and writing of exams and papers for seminars/lessons.

Calculation of workload for programs which do not provide ECTS information:

- The workload for purely theoretical subjects is calculated on the basis of a



ratio of lesson : study time of 1:2 (1 hour in class + 2 hours self-study = 3 hrs of total workload → factor 3).

- The workload for experiential classes (art therapy methodology & technique) is calculated on the basis of a ratio of 1:1 (1 hour in class + 1 hour self-study = 2 hrs of total workload → factor 2).
- The workload for art studio classes is calculated on the basis of a ratio of 1:0 (1 hour = 1 hour total → factor 1).
- The workload for placements (practicum, internship) is calculated on the basis of a ratio of 1:0 (1 placement hour = 1 hour total → factor 1).
- If writing a placement report is required, the workload for this should be quantified separately!
- Time spent in supervision: 1 hour = 1 hour (factor 1)
- Thesis: If not further specified in the training program, the thesis is calculated at 300 hrs workload.

ARC and the Board will keep a list of the accepted diplomas in Supplement S2 for future reference.

Enquiries shall be addressed to arc@arttherapyfederation.eu.

Scenario 3

Persons who do not fully meet the requirements in Scenario 1 or 2, but whose formal Art Therapy training extends over a workload of minimum 1000 academic training hours (= 45 minutes) may earn Compensation Credit Points (CCPs) for professional experience and continuing education according to the compensation scheme which forms the basis for assessment by the Application Review Committee (ARC).

- Workload means lessons (lectures, seminars, workshops etc.) plus the required study time.
- Study time means reading, studying, preparation of oral presentations, and writing of exams and papers for seminars/lessons.

Calculation of workload for programs which do not provide ECTS information:

- The workload for purely theoretical subjects is calculated on the basis of a ratio of lesson : study time of 1:2 (1 hour in class + 2 hours self-study = 3 hrs of total workload → factor 3).
- The workload for experiential classes (art therapy methodology & technique)



is calculated on the basis of a ratio of 1:1 (1 hour in class + 1 hour self-study = 2 hrs of total workload → factor 2).

- The workload for art studio classes is calculated on the basis of a ratio of 1:0 (1 hour = 1 hour total → factor 1).
- The workload for placements (practicum, internship) is calculated on the basis of a ratio of 1:0 (1 placement hour = 1 hour total → factor 1).
- If writing a placement report is required, the workload for this should be quantified separately!
- Time spent in supervision: 1 hour = 1 hour (factor 1)
- Thesis: If not further specified in the training program, the thesis is calculated at 300 hrs workload.

1000 hours of training workload count for 10 Base Compensation Credit Points (CCPs). Additional 5 CCPs, thus reaching a total of 15 CCPs, have to be earned to qualify for full individual membership:

The candidate may earn CCPs for:

- Additional AT training hours, f. ex. if the formal training program is assessed at 1200 hrs a total of 12 CCPs are awarded → 3 more CCPs are needed.
- Work experience as an employed art therapist (1hr = 60'): 300 hrs = 1 CCP (5 CCPs correspond to 1 year of full-time employment or 2 years of part-time employment at 50%)
- Work experience in private practice or as a freelance art therapist (1hr = 60'): 150 hrs of direct client contact = 1 CCP
- Supervision: 50 hrs = 1 CCP
- Continuing education
 - Seminars 10 hrs = 0.1 CCP (100 hrs = 1 CCP)
 - Workshops 10 hrs = 0.1 CCP (100 hrs = 1 CCP)
 - Conferences 10 hrs = 0.05 CCP (100 hrs = 0,5 CCP)
- Other psychotherapy training: 1 CCP

CCPs may be fractioned: 100 hrs employed work experience = 0.33 CCP

Enquiries shall be addressed to arc@arttherapyfederation.eu.

NOTA BENE: Scenario 3 applications will only be accepted for art therapy trainings completed BEFORE 31st January 2025.

Status May 2019

Membership criteria are to be reviewed and adapted on a regular basis according to the developments in the field (see RIO 2.2 Specific criteria- Commitment to Advancement).