



SPEAKING THROUGH ART

Languages of Art Therapy in Europe

While image is a universal way of communicating, the languages we use to approach it can differ. Across Europe, art therapists apply different languages and various concepts to work with images in art therapy.

This professional exchange aims to explore universal and particular, what is common and what is different in richness of cultures, histories, contexts and approaches in art therapy in Europe today.

The focus is on how we, as art therapists, utilise art processes and images within therapeutic context and with therapeutic aims. How do we approach mental images (metaphors) and those captured with art materials? What is the relationship between process and product, visual and verbal?

We shall explore these questions through a series of presentations and workshops led by experienced art therapists from different European countries.



9.00 - 9.20 WELCOME

ROOM 1	PRESENTATIONS
09.20 - 10.00 presentation 1	Nicola Shaw Germany/UK <i>Nature Based Practices in Art Therapy</i>
10.05 - 10.45 presentation 2	Irmgard Maria Starke Austria <i>Four Principles for mindful Transformation in Phronetic Art Therapy</i>

ROOM 2	WORKSHOPS
9.20 - 10.45 workshop 1	Bettina Egger Switzerland <i>Seeing is believing</i>

10.45 - 11.00 COFFEE BREAK

11.00 - 11.40 presentation 3	Helga Bachofner Austria <i>4 Phases of Transformation - Experience by means of a practical example</i>
11.45 - 12.25 presentation 4	Jeannette Fiott Malta <i>Images of Archaic Universal Symbols</i>

11.00 - 12.25 workshop 2	Jane Hawes Sweden <i>I LOOK, YOU LOOK, AND TOGETHER WE SEE: Joint Attention As a Pivotal Therapeutic Tool in Art Therapy.</i>
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12.25 - 14.00 NETWORKING LUNCH (Optional)

14.00 - 14.40 presentation 5	Simone Donnari Italia <i>The image way: being immersed in the image as a path toward creativity and Beauty.</i>
14.45 - 15.25 presentation 6	Kerstin Schoch Germany <i>Objectivity in pictorial expression - RizbA, a quantitative rating instrument for formal picture analysis</i>

14.00 - 15.25 workshop 3	Álvaro Prats-Bertomeu Spain <i>Action as metaphor</i>
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15.25 - 15.45 COFFEE BREAK

15.45 - 16.25 presentation 7	Frédérique Degand Luxemburg <i>Conversations between and around images during a long term art-therapy journey</i>
16.30 - 17.10 presentation 8	Zsuzsanna Geréb Valachi Hungary <i>Worlds and images the emotional barometer</i>

15.45 - 17.10 workshop 4	Naomi Press United Kingdom / France <i>Postcards and Temporality - Making Exhibitions and Galleries on the Move</i>
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17.10 - 17.30 COFFEE BREAK

17.30 - 19.30 EFAT GA



EUROPEAN
FEDERATION OF
ART THERAPY

PROGRAMME

SUNDAY 12/05/2019

ROOM 1	PRESENTATIONS
09.00 - 9.40 presentation 9	Karl-Heinz Menzen Germany <i>ART THERAPY WITH DEMENTIA</i>
9.45 - 10.25 presentation 10	Dace Visnola Latvia <i>Speaking without speaking</i>

ROOM 2	WORKSHOPS
9.00 - 10.25 workshop 5	Elisabeth Engström Franzén Sweden <i>Psychodynamic and cognitive artpsychotherapy in practise!</i>

10.25 - 10.45 COFFEE BREAK

10.45 - 11.20 presentation 11	Barbara Kariž Slovenia <i>ART POETRY Phenomenological Perspective of Using Images and Words to Communicate with Psychiatric Inpatients.</i>
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11.30 - 12.30 PLENARY SESSION/CLOSING

12.30 NETWORKING LUNCH (Optional)
